

## Child Development Clinic

- Children's services
  - Bedwetting (enuresis)
  - Behavioural or emotional concerns
  - Child exploitation
  - Children in care (CIC) nursing team
  - Children's Services patient information leaflets
  - Children's bladder and bowel service
  - Drugs, alcohol and smoking
  - In the community
    - ADHD assessments
    - Autism assessments
    - Child development clinic
    - Children's community nursing team
    - Frequently Asked Questions
    - Other support in East Sussex
    - Resources
    - Visiting our services
    - Referral information for GPs
  - Leaving care health summary
  - Sexual health and puberty

The child development clinic supports children and young people across East Sussex who have been referred for neurodevelopmental assessment. Our team receive a high number of referrals each week. Children and young people who have been referred into our service follow a number of pathways according to their need. For some of our patients this involves a lengthy waiting time, particularly those of school age. We are unable to provide individual waiting times. We understand that long waits can be difficult for families and are working closely with our system partners to reduce waiting times. For details of support available from other organisations during the waiting period, please [see our resources page](#). While your child is waiting for an appointment they will be kept under review as any new information is received.

### How to contact us

Our teams are unable to advise you of where your child is on the waiting list, however please be reassured that you will be contacted as soon as an appointment is available. If you have any concerns, please speak to your child's school or nursery, or the person who made the referral. If your child is being seen in our sleep clinic and requires a prescription for melatonin, [please email our nursing team](#). We require three weeks' notice to fulfil a prescription. If your child has had an assessment and you have a question about their care, [please email our secretaries](#).

### If you have concerns

Please note that we are not an emergency service. If you have concerns about your child's wellbeing or the safety of anyone in your household, our leaflet on [Accessing Support When you are Concerned about Your Child or Others: A guide for parents and carers](#) may be helpful.

### How to get an appointment

If you are worried about your child's development, we recommend talking through your concerns with your child's health visitor, school nurse, GP or Special Educational Needs Coordinator SENCO (usually this is a teacher at the school), who will be able to refer you if required.

### Contact

Conquest Hospital, The Ridge, St Leonards-on-Sea, TN37 7RD

Tele: [0300 131 4500](tel:03001314500)

Eastbourne District General Hospital, Kings Drive, Eastbourne, BN21 2UD

Tele: [0300 131 4500](tel:03001314500)

Bexhill Hospital, Holliers Hill, Bexhill-on-Sea, East Sussex, TN40 2DZ

Tele: [0300 131 4500](tel:03001314500)