

# RSHE Curriculum Map

|          | Reception - A & B   | Year 1 - A  | Year 2 - B  | Year 3 - A  | Year 4 - B   | Year 5 - A  | Year 6 - B   |
|----------|---|---|---|---|--|---|--|
| Autumn 1 | <p>Key Theme: My Feelings<br/>H11, H12, H15, H16, H18, H19, H20</p> <p>Key Question: How do I feel?</p>   | <p>Key Theme: My Feelings<br/>H11, H12, H13, H14, H15, H16, H17, H18, H19</p> <p>Key Question: How do we feel?</p>                                      | <p>Key Theme: My Feeling<br/>H21, H22, H23, H24</p> <p>Key Question: How do we reach our goals?</p>                         | <p>Key Theme: My Feelings<br/>R32, R32, R33, H28, H29, L25</p> <p>Key Question: What are my aspirational goals?</p>                               | <p>Key Theme: My Feelings<br/>R17, H17, H18, H19, H20, H21, H24</p> <p>Key Question: How can I respond to my feelings?</p>                     | <p>Key Theme: My Feelings<br/>H24, H31, H34</p> <p>Key Question: How are my emotions changing?</p>  | <p>Key Theme: My Feelings<br/>R15, L11, L12, L13, L14, H15, H19, H21</p> <p>Key Question: How can media imaged affect people?</p>                          |
| Autumn 2 | <p>Key Theme: My Relationships and My Beliefs<br/>H22, R21, R22, R23, L4, L6, R6, R7, R8, R9, R21, R22, R23</p> <p>Key Question: How are we unique?</p> | <p>Key Theme: My Relationships<br/>R6, R7, R8, R9</p> <p>Key Question: How do we decide to treat other?</p>   | <p>Key Theme: My Relationships<br/>R10, R11, R12, R17, R19, R20, R25</p> <p>Key Question: What is bullying?</p>             | <p>Key Theme: My Relationships<br/>R1, R2, R3, R5, R6, R7, R8, (R9)</p> <p>Key Question: How can I have positive relationships?</p>               | <p>Key Theme: My Relationships<br/>R9, R22, R24, R25, R26, R28, R29</p> <p>Key Question: What do I feel comfortable with?</p>                  | <p>Key Theme: My Relationships<br/>R1, R2, R5, R6, R7, R8, R10, R11, R14, R18, R30, R31, R34</p> <p>Key Question: What are healthy relationships?</p>   | <p>Key Theme: My Relationships<br/>R2, R3, R21, R32, R33, R34, L2, L6, L7, L8, L9, L10, H26</p> <p>Key Question: What is discrimination and prejudice?</p> |
| Spring 1 | <p>Key Theme: Asking for Help<br/>R1, R2, R4, H21</p> <p>Key Question: Who is special to me?</p>  | <p>Key Theme: My Beliefs<br/>R21, R22, R23, R24, H21, H22</p> <p>Key Question: What makes us special?</p>   | <p>Key Theme: My Beliefs<br/>R1, R2, R3, R4, R5, H21, H22</p> <p>Key Question: What make our family special</p>             | <p>Key Theme: My Beliefs<br/>R30, R34, L8, L9, L10, (L11), L27, (H26)</p> <p>Key Question: How are we the same and different?</p>                 | <p>Key Theme: My Beliefs<br/>R7, R8, R32, R33, H25, H27</p> <p>Key Question: Why are our families diverse?</p>                                 | <p>Key Theme: My Beliefs<br/>R2, R13, R19, R20, R21, R32, R33, (L6, L7, L8) L9, H26</p> <p>Key Question: What is homophobic and transphobic bullying?</p>   | <p>Key Theme: My Beliefs and My Rights and Responsibilities<br/>R3, H45, L1, L2 (H32, H33)</p> <p>Key Question: How can I keep myself safe?</p>            |
| Spring 2 | <p>Key Theme: My Body<br/>H1, H5, H27</p> <p>Key Question: How can I stay healthy?</p>  | <p>Key Theme: My Body<br/>R13, H25, H27</p> <p>Key Question: What goes where?</p>   | <p>Key Theme: My Body<br/>H26, H27</p> <p>Key Question: How do I change as I get older?</p>                                 | <p>Key Theme: My Body<br/>H9, H27</p> <p>Key Question: How will my body change as I get older?</p>  | <p>Key Theme: My Body<br/>H32, H34, H31</p> <p>Key Question: How will my body change and why?</p>  | <p>Key Theme: My Body<br/>H30, H31, H32, H34</p> <p>Key Question: How is my body changing?</p>  | <p>Key Theme: My Body<br/>H30, H31, H33, H34, H35</p> <p>Key Question: What is reproduction?</p>   |
| Summer 1 | <p>Key Theme: My Rights and Responsibilities<br/>R10, R13, R15, R16, R17, R19, R20</p> <p>Key Question: How can we keep safe?</p>                       | <p>Key Theme: My Rights and Responsibilities and Asking For Help<br/>H1, H5, H29, H30, H33, H34, H35, H36</p> <p>Key Question: How do we keep safe?</p> | <p>Key Theme: My Rights and Responsibilities and Asking For Help<br/>R16, R18</p> <p>Key Question: How do we keep safe?</p> | <p>Key Theme: My Rights and Responsibilities and Asking for Help<br/>R22, R25, R26, R28, R29</p> <p>Key Question: How can I keep myself safe?</p> | <p>Key Theme: My Rights and Responsibilities and Asking for Help<br/>R3, R4, L2, R15</p> <p>Key Question: How can I make my own decisions?</p> | <p>Key Theme: My Rights and Responsibilities and Asking for Help<br/>R12, R23, R24, R28, R29, R30, R31, L11, L12, L13, L14, L15, L16, H4, H37, H42, R22</p> <p>Key Question: How can I keep myself safe online?</p> | <p>Key Theme: Asking for Help<br/>R9, R13, R15, R18, R21, R29, L12, H21, H24, H42</p> <p>Key Question: When, who and how can I get help?</p>               |
| Summer 2 | <p>Key Theme: Enterprise<br/>L10, L14, L15</p> <p>Key Question: How do you earn money?</p>  | <p>Key Theme: Enterprise<br/>L10, L11, L16</p> <p>Key Question: What types of jobs are there?</p>   | <p>Key Theme: Enterprise<br/>L11, L12, L13, L17</p> <p>Key Question: What are my interests?</p>                             | <p>Key Theme: Enterprise<br/>L17, L18, L19, L26, L27, L28</p> <p>Key Question: What are my aspirations?</p>                                       | <p>Key Theme: Enterprise<br/>L19, L20, L28, L29</p> <p>Key Question: What influences people's job choices?</p>                                 | <p>Key Theme: Enterprise<br/>L21, L22, L30, L31</p> <p>Key Question: What skills do I need for a job?</p>   | <p>Key Theme: Enterprise<br/>L23, L24, L31, L32</p> <p>Key Question: What type of career would I like?</p>   |

Relationships

Health

Wider World