

**Helping your  
child to stay safe  
and thrive in the  
modern world**





# Secretary of State Foreword

“Today’s children and young people are growing up in an increasingly complex world and living their lives seamlessly on and offline. This presents many positive and exciting opportunities, but also challenges and risks. In this environment children and young people need to know how to manage their academic, personal and social lives in a positive way”.



**We need to remind ourselves about some of the things that our children/young people are exposed to...**

**You may not have these magazine and computer games in your home, but your child may still see things like this in shops, other people's homes etc.**

**From June 2019**, under new rules, British companies will no longer be able to create promotions that depict men and women engaged in gender-stereotypical activities, amid fears that such depictions are contributing to pay inequality and causing psychological harm.

Adverts will no longer be able to show a person failing to achieve a task specifically because of their gender, such as a man unable to change a nappy or a woman unable to do DIY/park a car.

The rules will also ban adverts that suggest that transforming your body will make you romantically successful, while also clarifying rules on the sexualisation of young women.

Children and young people see...

LOVE ISLAND

*Men's Health*

**grand Theft Auto V**

*Paper Magazine*



World Book Day example...

If you search for Little Red Riding Hood do you get the picture on the left or right?

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Accidental exposure – this still has an influence and impact of body image, self-esteem, behaviours, norms etc

# Children and young people hear...

“Photograph with no T-shirt on.”

“I been googling ways to keep you entertained.”

“I can't help imagining all the things we'd do, with no clothes on.”

“Cause me one, you there's a million and they all wanna huh my Brazilian.”

The image and lyrics are from Little Mix.

There are more sexualised artists and lyrics, but we are sharing Little Mix as they are often thought of as a young person friendly group, yet their lyrics reference some risk taking behaviours and suggest sexual norms inc. sexting, watching pornography and the removal of pubic hair. Whilst some lyrics may not be understood by all children, they can still subconsciously absorbed.



[Image: InfoGibraltar](#)



# Children and young people access...

- Bullying
- Fake news
- Grooming
- Sexting
- Curious/purposeful seeking out of age inappropriate material
- Extremism



Children and young people are sometimes allowed on social media sites at home, round friends houses, grandparents houses and in public places. Not all of these have the same privacy settings and security features that are set up in your home. Young people are sadly at risk of all the things listed on this slide.

Please watch this very powerful video that explains this point brilliantly – ‘bedtime stories’:

<https://www.youtube.com/watch?v=hrrhP68fYJ0>





Getty Images

Children and young people  
are affected by the  
sexualisation of society and  
media influences


Children are as likely  
to stumble across  
pornography by  
accident as to search  
for it deliberately

More boys view  
pornography through  
choice than girls

Young people report  
feeling disturbed by  
what they have seen.

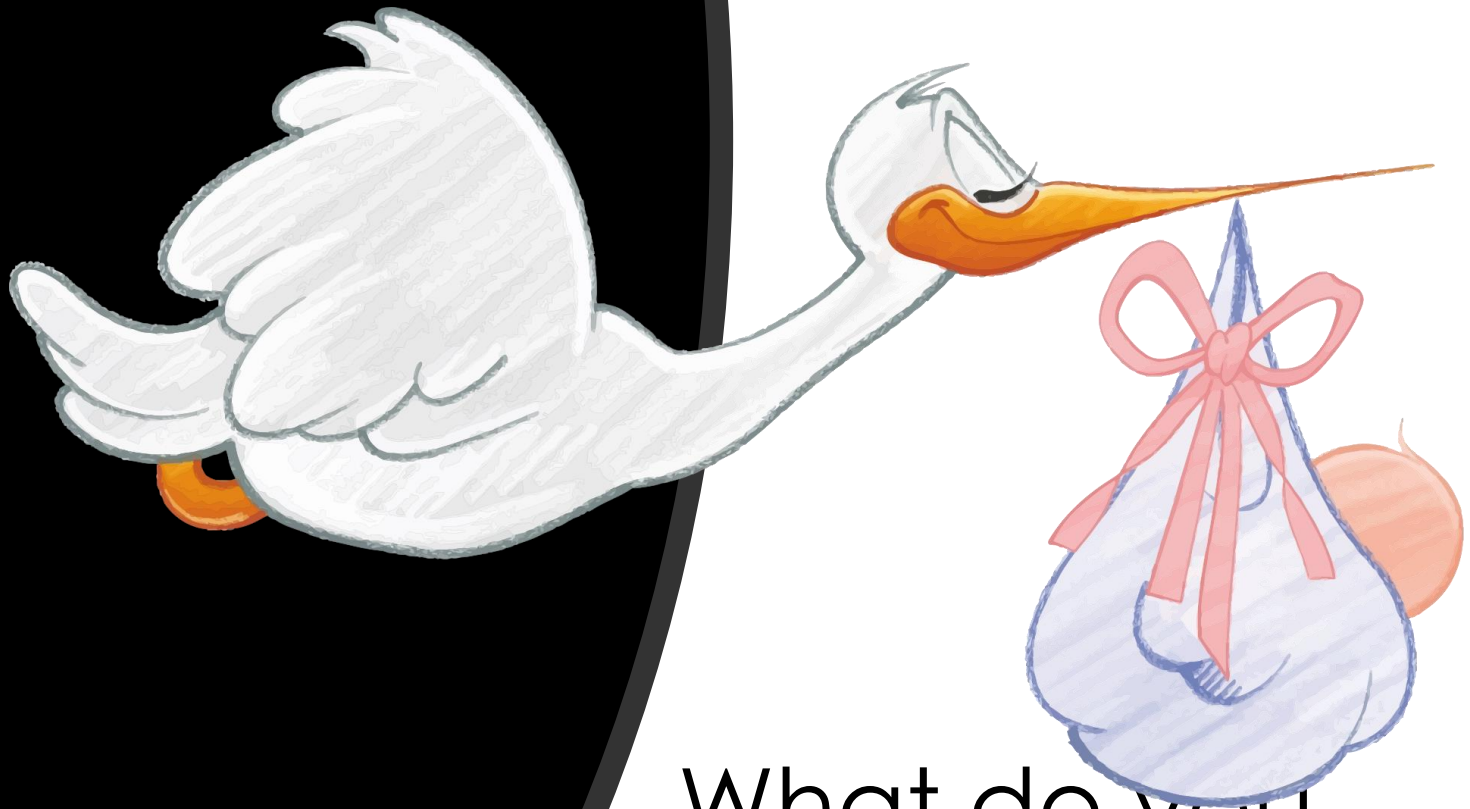
NSPCC, 2016

[https://www.mdx.ac.uk/\\_data/assets/pdf\\_file/0021/223266/MDX-NSPCC-OCC-pornography-report.pdf](https://www.mdx.ac.uk/_data/assets/pdf_file/0021/223266/MDX-NSPCC-OCC-pornography-report.pdf)




Your children  
want to  
learn...

*We want to educate .....*



What do you  
remember about  
your sex  
education from  
school/home?

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- ▶ **Research repeatedly highlights that relationships and sex education is still not meeting the needs of children and young people. Without accurate information, taught sensitively young people are not being provided with adequate opportunities to enjoy healthy and safe relationships in the modern world. The government has recognised and responded to this research, and is making RSE a statutory part of the school curriculum in all schools from September 2019.**

# Conception misconceptions!



Resource Example: The Birds and the Bees - Parents Explain

<https://www.youtube.com/watch?v=a3MyLt6l5n0>

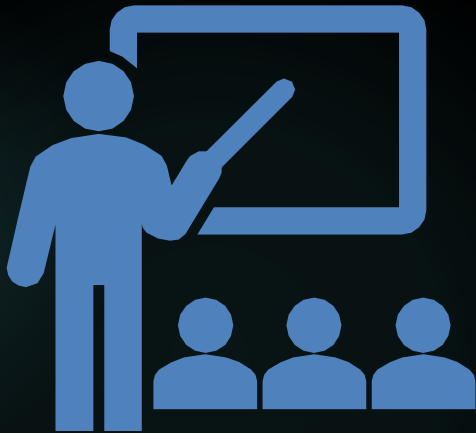
# Our school vision for RSHE is.....

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*Available on the school website parents  
RSHE*

# RELATIONSHIPS EDUCATION: Schools will be required to teach...

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- Families and people who care for me
- Caring friendships
- Respectful relationships
- Online relationships
- Being safe

# HEALTH EDUCATION

Schools  
will be  
required  
to  
teach...



Mental wellbeing



Internet safety and harms



Physical health and fitness



Healthy eating



Drugs, alcohol and tobacco



Health and prevention



Basic first aid



Changing adolescent body



# Naming body parts

It is essential to have a common language within the classroom, and for schools to impart accurate information to children. These are how the words will be described to children

Anus: The private part of the body where poo comes out

Penis: The private part of a boy where wee comes out

Vulva: The private part of a girl that she wipes when she has had a wee

# Puberty as part of Health Education

Key facts about puberty and the changing adolescent body, particularly from age 9 through to age 11, including physical and emotional changes.

About menstrual wellbeing including the key facts about the menstrual cycle.

Puberty should be covered in Health Education and should be addressed before onset so, as far as possible, pupils are prepared in advance for changes they will experience.

# Sex Education n

Ensure boys and girls are prepared for changes of adolescence

Draw on knowledge of human life cycle in the NC for science – how a baby is conceived and born

The Department continues to recommend that all primary schools have a sex education programme tailored to the age and the physical and emotional maturity of the pupils.

# Statutory requirements



Schools have to teach biological aspects of human growth and reproduction within National Curriculum Science.



From September 2020, all schools will have to teach Relationships Education, Relationships and Sex Education and Health Education.



Equalities Act, 2010



Safeguarding



British Values



Spiritual, Moral, Social and Cultural

# Teaching about LGBT



The needs of all pupils must be appropriately met, and that all pupils understand the importance of equality and respect.



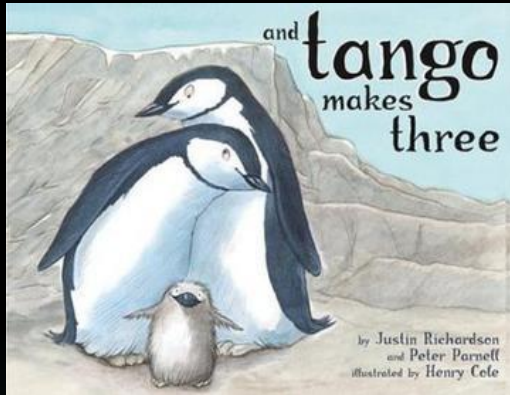
LGBT content is fully integrated into the curriculum



All pupils to have been taught LGBT content at a timely point as part of this area of the curriculum



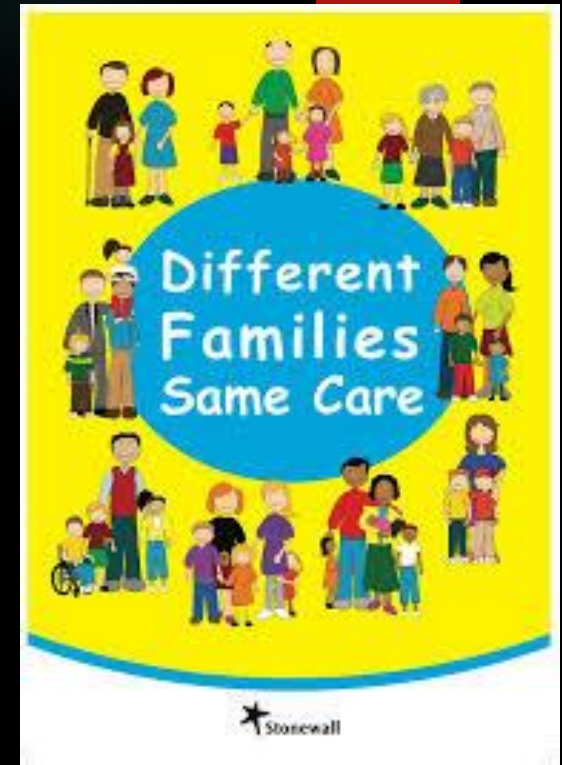
Build a culture through positive action, where homophobia and gender stereotypes are not tolerated.



<https://www.amazon.co.uk/Tango-Makes-Three-Justin-Richardson/dp/1847381480>



<https://www.outforourchildren.org.uk/resources/>



**All families are welcome, safe and included  
in our school**

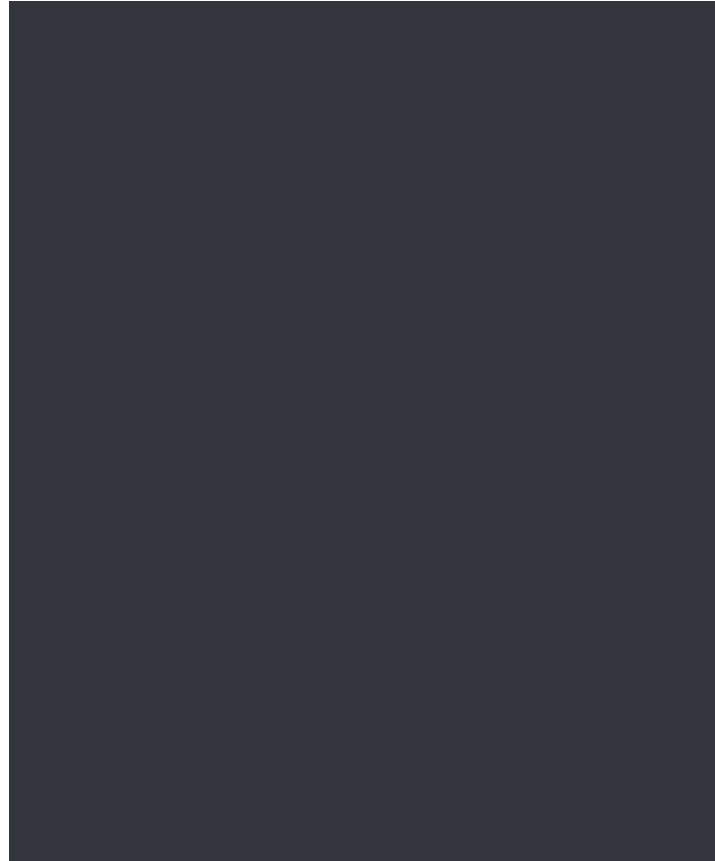
# How our school will teach this...

- Each class will create a working agreement so pupils feel comfortable to join in the lessons;
  - All teachers will use correct scientific language when talking about parts of the body;
  - No pupil will be forced to join in an activity, or answer a question;
  - All genders taught together;
- Teachers have been trained to teach these lessons;
  - Teachers are unlikely to, and pupils not be asked to share personal experiences;
  - All causes for concern raised as a result of the lessons will be dealt with according to the school safeguarding policy.

How questions  
will be  
answered...

How do the Sperm  
move?  
Can your eggs  
Brake?


do they Mute  
Sexual Intercourse  
oo euh ooo



what happens  
of somebody  
starts the  
period in S







# Talking about puberty and sex

Use everyday  
opportunities

Be calm and  
relaxed

Really listen

**RSE will be taught according to statutory requirements, and inline with the ethos of the school and the framework of the school PSHE policy. It is important that as a family you take the time to share your personal values, beliefs and attitudes to the topic and also to create strong channels of communication with your child as early as possible. NHS choices has some helpful advice about talking to your child about their changing body, puberty and sex**

# Talk about body image and self-esteem

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[Dove Self-Esteem Project](#)

# Talk about staying safe online

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Getty Images

<https://www.net-aware.org.uk/> <https://www.vodafone.co.uk/mobile/digital-parenting>

These subjects represent a huge opportunity to help our children and young people develop. The knowledge and attributes gained will support their own, and others', wellbeing and attainment and help young people to become successful and happy adults who make a meaningful contribution to society.



If you would like to discuss the RSHE provision further, we will be holding some virtual meetings on

