

Week one

W/C 16/04, 07/05, 04/06, 25/06, 16/07, 17/09, 08/10

Monday

Mozzarella & Tomato Pizza (v)

Freshly made pizza served with couscous salad

On the Side...

Seasonal Roasted Vegetables
Garden Peas

Mediterranean Summer Beans (v)

Mixed beans and vegetables in a tomato-based sauce served with rice

For Dessert...

Mango Frozen Yoghurt

Tuesday

Chicken Burger with Jacket Wedges

Fresh Farm Assured chicken served in a bun

On the Side...

Sweetcorn
House Coleslaw

Vegetable Biryani (v)

A mild vegetable biryani served with wholegrain rice

For Dessert...

Chocolate Brownie with Banana

Wednesday

Roast Pork

Farm Assured roasted sliced pork served with crispy roast potatoes and gravy

On the Side...

Fresh Carrots
Seasonal Cabbage

Quorn Roast (v)

Sliced roasted Quorn served with crispy roast potatoes and gravy

For Dessert...

Berry Chill

Thursday

Organic Beef Chilli

Mild beef chilli served on a bed of rice

On the Side...

Fresh Cauliflower
Fresh Broccoli

Macaroni, Sweetcorn & Cheese Bake (v)

Short cut macaroni served in a creamy cheese & sweetcorn sauce with a mozzarella topping

For Dessert...

Peach Sponge Cake with Custard

Friday

Salmon Fish Fingers with Chips

Breaded fish fingers

On the Side...

Baked Beans
Garden Peas & Sweetcorn

Veggie Hot Dog with Chips (v)

Vegetarian hot dog served in a roll

For Dessert...

Shortbread

Week two

W/C 23/04, 14/05, 11/06, 02/07, 03/09, 24/09, 15/10

Macaroni Cheese (v)

Classic short cut macaroni served in a creamy cheese sauce

On the Side...

Fresh Carrots
Roasted Sweetcorn with Peppers

Vegetarian Moussaka (v)

Layered vegetarian moussaka served with a garlic & herb bread wedge

For Dessert...

Vanilla Ice Cream

Bangers & Mash

Farm Assured pork sausages served with creamy mash potato and gravy

On the Side...

Garden Peas
Roasted Vegetables

Veggie Balls in Tomato Sauce (v)

Vegetarian meatballs in a tomato sauce served with wholemeal pasta

For Dessert...

Oatie Biscuit with Fruit Slices

Roast Chicken

Traditionally roasted chicken served with crispy roast potatoes and gravy

On the Side...

Seasonal Cabbage
Mashed Carrot & Swede

Lentil Roast (v)

A vegetarian roast served with crispy roast potatoes and gravy

For Dessert...

Chocolate & Banana Mousse Pot

Organic Minced Beef Curry

Mild beef keema curry served with rice

On the Side...

Fresh Cauliflower
Fresh Broccoli

Vegetarian Sausages (v)

Vegetarian sausages served with creamy mash and gravy

For Dessert...

Carrot & Pineapple Cake Slice

Fish Fingers with Chips

Whole fillet white fish fingers in golden breadcrumbs

On the Side...

Baked Beans
Garden Peas

Mediterranean Tart with Chips (v)

Cheese, onions, tomato and spinach in a pastry case

For Dessert...

Strawberry Jelly

Week three

W/C 30/04, 21/05, 18/06, 09/07, 10/09, 01/10

KS1 Meals are Free
KS2 Meals are £2.10

Mild Potato & Chickpea Curry (v)

A delicious vegetarian mild curry served with rice

On the Side...

Garden Peas
Sweetcorn

Vegetarian Bolognese (v)

Vegetarian mince in a Bolognese sauce with wholemeal pasta

For Dessert...

Blueberry Frozen Yoghurt

Chinese Chicken Noodles

Fresh Farm Assured chicken in a Chinese five-spice seasoning mixed with noodles

On the Side...

Fresh Broccoli
Fresh Carrots

Quorn Frankfurter Pasta Bake (v)

Quorn Frankfurters, peas and pasta baked in a cheese sauce

For Dessert...

Chocolate & Mandarin Sponge with Custard

Roast Beef

Roasted and sliced beef served with crispy roast potatoes and gravy

On the Side...

Roasted Parsnips
Seasonal Cabbage

Country Vegetable Pie (v)

Tasty fresh vegetable pie in a white sauce topped with pastry served with crispy roast potatoes and gravy

For Dessert...

Strawberry Ice Cream

Organic Beef Pasta Bolognese

Served with pasta

On the Side...

Fresh Carrots
Roasted Vegetables

Cheese & Tomato Chimichangas (v)

A cheese, tomato & chickpea wrap served with rice

For Dessert...

Apple Flapjack with Fruit Slices

Crispy Fish Fillet with Chips

Battered fish served with chips

On the Side...

Garden Peas
Baked Beans

Bean & Pepper Fajita with Chips (v)

Mexican beans, peppers and onions with a fajita sauce wrapped in a flour tortilla

For Dessert...

Cheese & Crackers with Fruit or Vegetable Sticks

All our milk is Red Tractor approved



WE BUY 95% of our seasonal vegetables direct from British growers



FRESH SALAD IS AVAILABLE ON A DAILY BASIS

Special dietary requirements can be catered for, please contact:

Email: specialdiets@compass-group.co.uk

Tel: 01435 865310



WE SUPPORT 82 BRITISH DAIRY FARMS



Jacket Potatoes with various fillings available daily

FARM TO FORK We can trace every cut of meat back to the farms of origin

ALL OUR BREAD IS FRESHLY BAKED EVERY DAY

